

A Case for Ballet

Ballet is the basis behind all dance movements. It prepares the muscles for coordination of a variety of movements. It builds strength and stretches the muscles for a variety of dance or tumbling classes. Ballet stresses correct posture and allows body awareness in the student. It gives the student of dance or tumbling confidence in balance and execution of moving.

It is strongly recommended that each student at the Deborah Case Dance Academy enroll in one ballet class to compliment any other dance or tumbling class. However, students who take two or more ballet classes a week will experience more progress in all dance and tumbling classes.

Private Instruction Fees for Deborah Case Dance Academy

Private lessons do not take the place of regular class instruction. Private lessons are for performance and/or enrichment.

Private instruction fees:

1 hour, 1 person - \$70

1 hour, 2-4 people - \$35 per person

1/2 hour, 1 person - \$35

1/2 hour, 2-4 people - \$20 per person

1/2 hour, 5 people and up - \$14 per person

*24 hour cancellation notice is required in order to re-schedule or to receive credit.

\$250.00 choreographer fee required for a number in Recital.

Official Dance Wear Requirement of the Deborah Case Dance Academy

Hair must be in a bun for all females and pulled away from the face for all males. No jewelry allowed for safety reasons. Street clothes are not allowed.

Combo and Pre-Ballet Classes

Pink leotard with skirt, pink Capezio tights, and ballet shoes.

Ballet I-VIII

Females:

Pink tights and ballet shoes

Ballet I 1st year – black leotard

Ballet I 2nd year – light blue leotard

Ballet II 1st year – hunter green leotard

Ballet II 2nd year – light green leotard

Ballet III 1st year – dark purple leotard

Ballet III 2nd year – light purple leotard

Ballet IV – royal blue leotard

Ballet V-VIII – dancer's choice (No rhinestones or words allowed)

Males: white or black short-sleeved T-shirt, black leggings, shorts or tights, black or white ballet shoes.

Tap

Females: black tap shoes, solid colored leotard with tights or jazz pants

Males: black tap shoes, solid black or white T-shirt or DCDA shirt, with jazz pants.

Jazz/Hip Hop

Females: black jazz shoes (levels I-II); beige jazz shoes (levels III+); solid colored leotard with tights or jazz pants.

Males: black jazz shoes, solid black or white T-shirt or DCDA shirt, with jazz pants.

Contemporary Dance

Ballet leotard and tights, Beige jazz shoes or foot undies.

Students will not be allowed to take class if dress code is not followed.

Advanced ballet levels IV-VIII - In an effort to maximize resources, only those dancers enrolled in Deborah Case Dance Academy exclusively will be allowed to use our facilities